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(Original Signature of Member)

116TH CONGRESS
1ST SESSION

H. RES.

Supporting infant nutrition through improved breastfeeding practices.

IN THE HOUSE OF REPRESENTATIVES

Mr. SCHIFF submitted the following resolution; which was referred to the
Committee on _____

RESOLUTION

Supporting infant nutrition through improved breastfeeding
practices.

Whereas all children have a right to safe, healthy, and bene-
ficial nourishment;

Whereas studies have confirmed that breastmilk is the most
developmentally beneficial nourishment for infants,
though alternatives, such as infant formula, have a role
in the life of a baby, if a parent so chooses;

Whereas some people may choose not to breastfeed or are un-
able to do so; however, all parents can benefit from edu-
cation on infant nutrition and wellness;

Whereas an analysis published by The Lancet in 2016 deter-
mined that improved breastfeeding practices would annu-

ally save the lives of 820,000 children under 5 years of age and reduce infection-related mortality in infants under 3 months of age by 88 percent globally;

Whereas breastfeeding is correlated with fewer infections, increased cognitive performance, and reduction in rates of obesity and diabetes in children;

Whereas studies support a positive correlation between breastfeeding and reduced rates of breast cancer in people;

Whereas there are sound economic gains associated with breastfeeding due to increased productivity, and analysis undertaken by the United Nations Children's Fund (UNICEF) and the World Health Organization (WHO) indicates that the global cost of lower cognitive ability in children to be \$300 billion over 10 years;

Whereas improved breastfeeding practices are reducing health gaps between high- and low-income countries globally;

Whereas the public health and economic benefits of improved breastfeeding practices are positive factors contributing to well-being, prosperity, and stability;

Whereas people of color experience heightened barriers to breastfeeding—including lack of resources, less flexible work conditions, and racially biased health care—leading potentially to poorer post-natal outcomes and health disparities for communities of color;

Whereas the American Academy of Family Physicians, American College of Obstetricians and Gynecologists, American College of Nurse-Midwives, American Dietetic Association, and American Public Health Association, all recommend that most infants in the United States be breastfed for at least 12 months;

Whereas the American Academy of Pediatrics further recommends exclusive breastfeeding of infants for about the first 6 months of life, followed by continued breastfeeding as complementary foods are introduced, with continuation of breastfeeding for 1 year or longer;

Whereas breast milk is a natural, renewable food that acts as a complete source of babies' nutrition and does not necessarily require additional packaging and its use has a uniquely positive environmental benefit;

Whereas, in 1990, the United States signed onto the “Innocenti Declaration on the Protection, Promotion and Support of Breastfeeding”, as adopted by the WHO and UNICEF, requesting all governments to nationally coordinate breastfeeding activities, ensure optimal practices in support of breastfeeding through maternity services, take action on the “International Code of Marketing of Breast-milk Substitutes”, and enact legislation to protect breastfeeding in the workplace;

Whereas, in 2000, the Secretary of Health and Human Services (HHS) released the “HHS Blueprint for Action on Breastfeeding” declaring breastfeeding to be a key public health issue in the United States; and

Whereas the slogan for World Breastfeeding Week 2019 from August 1st to 7th is “Empower Parents, Enable Breastfeeding”: Now, therefore, be it

1 *Resolved*, That the House of Representatives—

2 (1) recognizes that there is an urgent need to
3 promote and protect the health, welfare, and devel-
4 opment of children;

1 (2) recognizes that the body of scientific evi-
2 dence supports the benefits of improved
3 breastfeeding practices on the short-term and long-
4 term health and development of children and their
5 parents;

6 (3) recognizes that it is in the public interest to
7 support efforts to end the inappropriate promotion
8 of foods for infants and young children as alter-
9 natives for breast milk, and support the “Inter-
10 national Code of Marketing of Breast-milk Sub-
11 stitutes”;

12 (4) recognizes that the protection, promotion,
13 and support of breastfeeding contributes substan-
14 tially to the achievement of sustainable development
15 goals on nutrition and health, and is a core element
16 of quality health care;

17 (5) recognizes that improving the health, wel-
18 fare, and development of children and their parents
19 worldwide supports United States efforts to promote
20 stability globally and therefore contributes to our na-
21 tional security; and

22 (6) urges the President to promote the health
23 and welfare of children and their parents by sup-
24 porting international efforts to improve
25 breastfeeding practices globally.